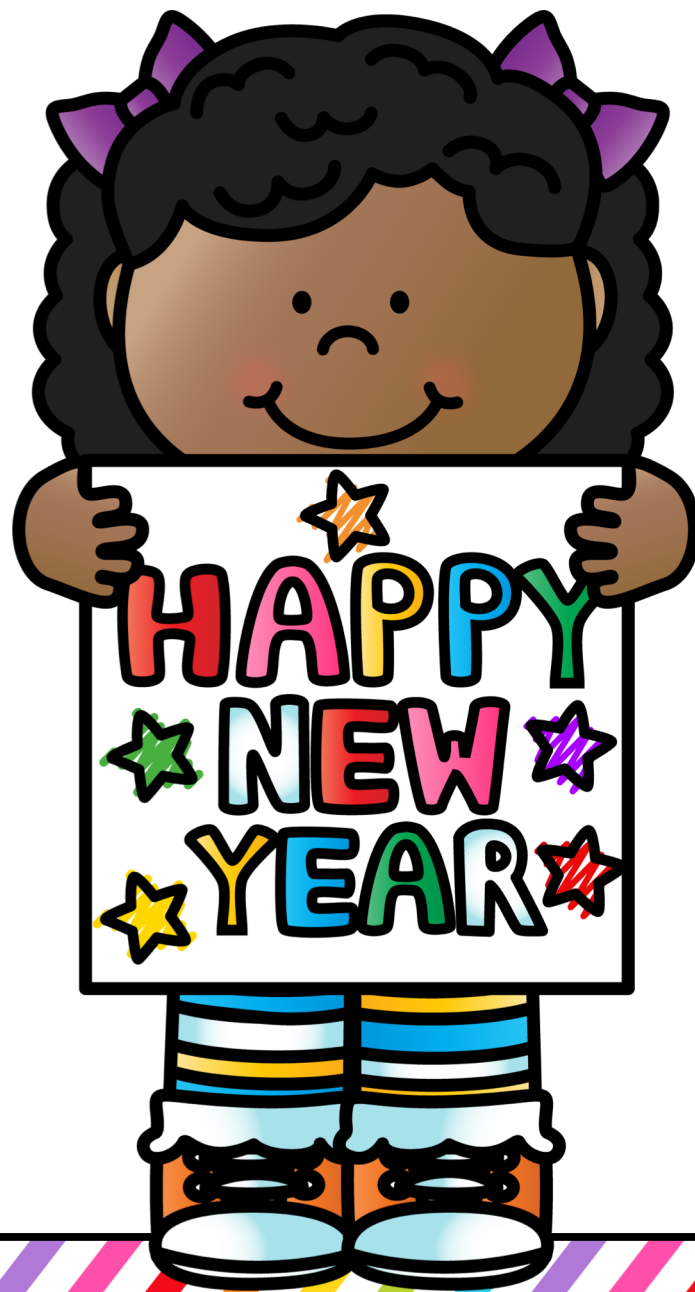


# JUMPSTART

— your 2022 —





Thank you for your purchase! I hope that our Playdough to Plato family of websites helps you save time, stay inspired and give EVERY student bigger results.  
XO, *malia* (Founder)

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## GRAPHICS CREDIT

- A Hughes Design
- Little Red
- Pixel Paper Prints
- Pretty Grafik Designs
- Sculpt Designs
- Teaching In The Tongass
- Whimsy Clips
- Whimsy Workshop Teaching
- Zip A Dee Doo Dah Design

# JUMPSTART YOUR 2022

## 5 Day Countdown Checklist

**DIRECTIONS:** Follow along each day, crossing out the completed circles as you progress to your best teaching year YET.

**(JUMP) START!**



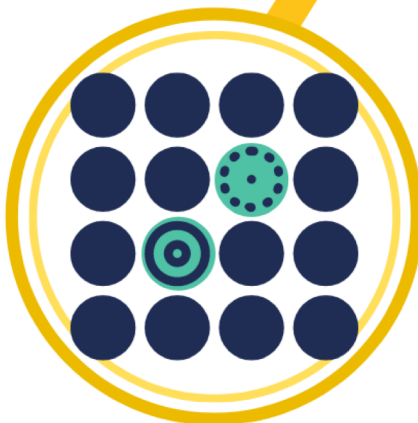
DAY 1  
FOCUS



DAY 2  
EASY



DAY 3  
HANDS-ON FUN



DAY 4  
DIFFERENTIATE

**(FINISH) I JOINED!**



DAY 5

SAVING TIME, STAYING INSPIRED  
AND GIVING EVERY STUDENT  
BIGGER RESULTS

# PICK YOUR WORD FOR 2022

## STEP ONE

**DIRECTIONS:** Circle every word that resonates with you when you think about setting a teaching goal. Do not overthink your choices - just circle the words that sound exciting or feel right in your gut. And if you think of a goal that's not on the list, write it down too! There is no right or wrong answer.

|                |               |                     |                     |
|----------------|---------------|---------------------|---------------------|
| Accountability | Competence    | Faith               | Kindness            |
| Achievement    | Confidence    | Family              | Knowledge           |
| Advancement    | Connection    | Financial stability | Leadership          |
| Adventure      | Cooperation   | Flexibility         | Learning            |
| Advocacy       | Confidence    | Forgiveness         | Legacy              |
| Appreciation   | Consistency   | Freedom             | Leisure             |
| Balance        | Creativity    | Fun                 | Love                |
| Beauty         | Curiosity     | Generosity          | Making a difference |
| Being the best | Decisiveness  | Giving back         | Nature              |
| Belonging      | Dedication    | Gratitude           | Optimism            |
| Boldness       | Dependability | Growth              | Patience            |
| Brilliance     | Diversity     | Happiness           | Peace               |
| Calmness       | Efficiency    | Health              | Perfection          |
| Caring         | Empathy       | Hope                | Playfulness         |
| Challenge      | Encouragement | Humor               | Preparedness        |
| Cheerfulness   | Enthusiasm    | Independence        | Professionalism     |
| Cleverness     | Equality      | Innovation          | Quality             |
| Collaboration  | Ethics        | Inspiration         | Resilience          |
| Commitment     | Excellence    | Joy                 | Spirituality        |
| Community      | Fairness      | Justice             | Well-Being          |

# PICK YOUR WORD FOR 2022

## STEP TWO

Now choose one word that will help you embody this highest version of your teaching self. Remember: There are no right or wrong answers. You are picking a word that is right for YOU. Your choice should feel exciting!



MY WORD FOR 2022 IS: \_\_\_\_\_

## STEP THREE

Take a few minutes to picture yourself a year from now giving a New Year's Eve toast with friends and family and describing the transformation you have had since making this word your teaching reality. Write a few sentences about what that future version of yourself looks like, thinks and believes now. How do you talk to yourself? How do you show up at school every day and how do you behave?

## STEP FOUR

What is the very first thing you can focus on improving/doing in order to make that future a reality?